

Adventure Harness Instruction Sheet

Overview:

The ADVENTURE BIRD HARNESS will bring fun, exercise and enjoyment to you and your bird. To make the most from your ADVENTURE BIRD HARNESS it is important to slowly introduce your bird to this new experience. DO NOT RUSH, take your time for the best results.

There are three areas to work on with your bird prior to putting the harness on.

1. *You and your bird should become familiar with the harness.*
2. *Getting your bird used to you holding its wing up.*
3. *Having something placed over your birds head and neck.*

Your bird should become familiar with the harness.

For a new item to be introduced into a birds' life, it may take some time. A good starting point is to leave the harness in sight and near the birds' surroundings i.e. outside their cage, hanging on the cage or even laying on top of the cage. You can even try the following exercises with the harness wrapped around your wrist. It is important that the bird is comfortable with the harness and doesn't see it as any kind of threat or negative experience. Make sure your bird is familiar with the harness before trying to make him wear it. For you, try slipping the harness over your hand and wrist or in some instances a small teddy has been used to become familiar with the workings of the harness.

Getting your bird used to you holding its wing up.

Fitting the ADVENTURE BIRD HARNESS will require you to lift and hold your birds' wing. This should be practiced prior to introducing the harness. Try petting your bird under the wing when it's a quiet time for him. Most birds do not like this position, but work with your bird for a few seconds at a time to make him more comfortable with the experience. If your bird resists, let the wing go. Remember you need to make this a positive experience for your bird. Try this exercise several times a day if possible.

Having something placed over your birds head and neck.

This exercise will help fit the ADVENTURE BIRD HARNESS over your birds head. As most birds have never had anything placed over their heads it is important to get them used to this experience, once again making it a positive one. Practice cupping your hand over your birds head and neck as though you are fitting the harness. Again if there is any resistance from your bird, let go and try again after a short break and your bird is comfortable. Keep trying this exercise until he is comfortable with the practice.

NOTE

Treats are a great way to reward your bird when he does something right, this will also reinforce a positive experience for him. After your bird tries or completes one of the above tasks, give him a treat to make him feel good.

Fitting the Adventure Bird Harness

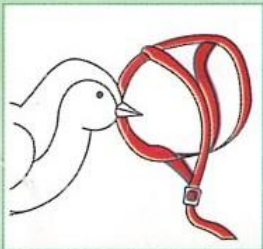
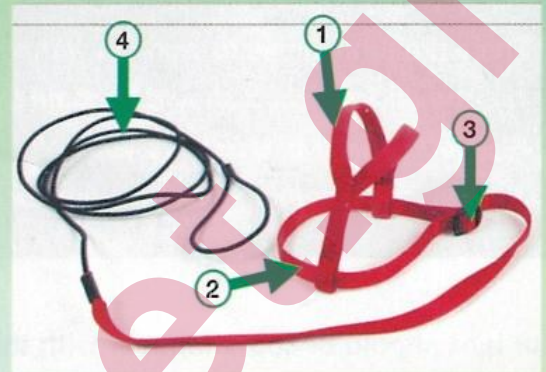
Fitting the ADVENTURE BIRD HARNESS

Do not try to fit the harness until you have successfully completed the introductory steps. When fitting the harness your bird becomes frustrated or strongly resists, STOP and try again after a short break.

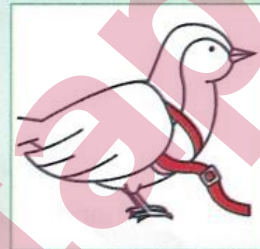
Remember this should always be a positive experience for you and your bird.

The ADVENTURE BIRD HARNESS is made up of several sections, become familiar with them prior to fitting it to your bird.

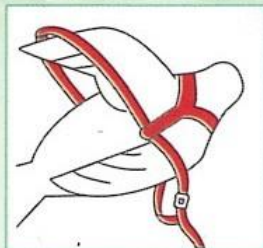
1. Neck collar
2. Belly strap
3. Slide buckle
4. Leash



1. Expand the belly strap by sliding it through the slide buckle. This should be expanded so that your birds' wing will be able to fit through it.



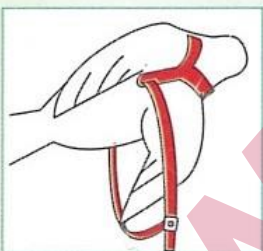
4. Using the slide buckle, tighten the belly strap until it is comfortable but secure around your bird. Usually you can easily fit your index finger between the bird and harness on an average size bird.



2. Slide the harness over your birds head, leaving the expanded belly strap over the birds' wings.



5. Once the ADVENTURE BIRD HARNESS is safe and secured, try stepping outside with your bird, this will give him a positive experience and he will soon forget he is wearing it.



3. When the neck collar is in place around your birds' neck, lift the birds' wing, guiding it through between the belly strap and the neck collar. Repeat this process on the other wing.

Remember

This should always be a fun and pleasurable experience for you and your bird. If at any point your bird becomes frustrated or negative towards the fitting, STOP, remove the harness and try again after a short break. Your patience will help you and your bird have hours of fun together. While the ADVENTURE BIRD HARNESS is escape proof, it is NOT bird proof and can be chewed, always check your harness prior to using it.

Moving forward

In time your bird will get used to the length of the leash and that he can't travel further than that length. Should your bird get his feet tangled in the harness, help him get them free, in time he will learn to untangle himself. You and your bird are now set for hours of fun, exercise and enjoyable times together.